

CLUB CHAT

A newsletter for members of the South Barrington Club

Membership News

Welcome New Members

Karen Pierce, Dorothy Naumowicz, Khaled Mohsen Ali family, Susan Barrera, Peter Wokwicz family, Celso Escorza family, Kelly Cain, The Lankala's,, Galina Nealey family, Elizabeth Le family, Dennis Cole, The Mago's, Mario Robbins family, Paul Guski, Richard Hoff, Lauren Hills family, and Gregory Jaeger.

Holiday Membership Specials

Our student membership is back! Take advantage of our Holiday Membership Special for college students. Purchase a one month membership for a low \$54.50. This pass is good for any 30 day period in December 2017/January 2018. You pick the dates! Additional fees for services may apply. A valid college ID is required to qualify for the special offer.

We also have a holiday membership for adults during the December and January months. Your friends or visiting family members can join for one month for the special rate of \$72.50 as an Individual member. There is no obligation to join at the end of the month and the initiation fee will be waived if they decide to join.

Permanent Lockers Available

A limited number of women's permanent lockers are available for rent. The annual fee is \$325. If you are interested in one, please see Janet.

For more information, contact Janet Lundholm, Membership Manager at (847)381-2570 x151 or jlundholm@sbgpd.net

Tennis News and Calendar

A new season for the South Barrington Club Tennis Program starts up again January 7th. Those of you who want to participate in the drills, leagues, and travel teams, just make sure you're registered for the next session by stopping at the Club Front Desk or contacting Coach Sean (847)381-2570 x156 or salbrecht@sbgpd.net.

USTA Tournaments are a great way to help get ready for high school tryouts that begin in March!

- Boy's 14 and under Indoor Championship - January 5th-7th, 2018
- Father / Son and Father / Daughter Open Indoor Championship - January 26th-28th, 2018
- Boy's 16 and under February 2nd-3rd, 2018
- National Father / Daughter and Mother / Son USTA Tournament- March 9th-11th, 2018



January 2018

Holiday Hours

| | | |
|-----------------------|------------|--------------------------------------|
| Sunday, December 24 | Club | 7am-3pm |
| | Pool | 7am-2pm* |
| | Nursery | Closed |
| Monday, December 25 | Club | Closed |
| Saturday, December 31 | Club | 7am-3pm |
| | Pool | 7am-2pm* |
| | Nursery | 9am-Noon |
| Monday, January 1 | Club | 7am-1pm |
| | Pool | 7am-Noon* |
| | Nursery | Closed |
| | Court Time | FREE-2 hour limit Happy New Year! |

*Check pool schedule for unguarded times on page 3.

January 8th- February 8th

CHECK-IN BINGO

Back by popular demand, Check - In Bingo starts January 8th until February 8th. During this program, each day you check in using your key tag, you will receive two or more daily Bingo numbers. Winners will receive an instant prize and will be entered into a raffle for additional prizes. Sign up at the club front desk.

Would you like to be a Sponsor for our upcoming National Father/Daughter tournament, March 9-11, 2018? We have 12 Court Sponsor spaces available where you can advertise your business during the months of February thru May. We also need sponsors for our banquet, breakfast, and goodie bags. Please contact Paul Burrus for more details.

Aquatics Department

- Swim lessons start January 9th. Make sure you register early, classes fill up!
- Learn to Swim Like a Mermaid—Mermaid 101
January 3rd-January 5th 10:30am-12:30pm
Code: 8490
- Check out page 3 of the Club Chat for Holiday Indoor Pool schedule.

Fitness News

Thin It—To Win It! Code: 8010

Tuesdays, January 16th-March 6th 7:00pm-7:45pm Code: 8010

Get a team of 2-4 Friends together for our “Challenge”.

This 8 week program involves proper nutrition coaching, meal replacement options, exercise motivation advice, group support and healthy living tips. Each week there will be a weigh-in and consultation. The winning team will get a SBC gift card! *Winner based on total % of weight loss as a team.



Zumba—One Night Masterclass with Silvana

Wednesday, January 24th
6:00pm Code: 8005

Zumba fuses Latin rhythms with easy to follow routines to create a fitness program that will blast calories and rev your metabolism. Class features dance moves to popular music. Complimentary Chips and Salsa after class.



Start the New Year off right!

Fitness Frenzy Challenge is coming February 12th-28th. Check out the schedule in the February Club Chat. New this year, we are offering bloodwork for a nominal fee and a FREE mini health assessment.

PRO SHOP

END OF SEASON SALE ON ALL LAST SEASON MERCHANDISE. BUY ONE AND GET ONE FREE. HIGHEST PRICE PREVAILS. ALSO BE ON THE LOOKOUT FOR ALL NEW 2018 STYLES COMING IN.



Just for Adults

Pickleball

Tuesday, January 9th– February 13th
7:00pm-8:00pm FREE

Pickleball is a great game that is becoming popular throughout the country. It is a sport that combines elements of badminton, tennis and table tennis. It's easy to learn, fun to play and built in exercise. All equipment is provided or bring your own.

Beginning Paddle Tennis Lessons

Monday, January 15th-February 5th
11:00am-12:00pm Code: 8606

This is a class for those who want to stay active outside during the winter months– paddle tennis is played outdoors on our all-weather courts. Don Sullivan will be your instructor and focus on beginner skills, including: rules, serving, returning, screen shots and more! Each week will start with skills and drills followed by playing actual games. Come give it a try— learn and enjoy!

Untouchable Gangster Tour— Back by Popular Demand!

Monday, January 22nd 9:30am-4:00pm
Code: 8609

This 1 hour and 45 minute live action gangster tour gives you the inside story of Chicago's windiest politicians, rollicking red-light districts and most notorious vice games, all aboard the new custom-built Untouchable Tours Gangster Bus. “This has to be one of the most unique tours we have ever taken. It was WONDERFUL! It was entertaining, informative and interesting. Our guides were fantastic with their mob accents and appropriate mobster costumes.” When our tour is finished, we'll have an hour at Eatery for lunch / shopping at the largest Italian marketplace in the world.

Valentine Chocolate Cooking Class

Thursday, February 8th 11:00am-1:00pm
Code: 8611

Paula Pavoska, co-owner of Barrington's incontro A Tavola and Za Za's Italiana restaurants, will be our instructor for this amazing, hands-on, chocolate cooking class. We'll start with mini cucumber sandwiches and then move on to CHOCOLATES—mousse, crepes, and candies. These treats can be made for yourself or to give as hand made personal Valentine gifts. Class includes all materials and will be located in the Foundry of Barrington.



A facility of the South Barrington Park District
3 Tennis Club Lane
South Barrington, IL 60010
(847) 381-2570 • sbpd.net/club

Winter Break Indoor Pool Schedule December 22nd, 2017—January 8th, 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---|---|---------------------------------------|
| No Lifeguard on Duty 7am-10am | No Lifeguard on Duty 5:00am-7:30am | No Lifeguard on Duty 5:00am-11:00am | No Lifeguard on Duty 5:00am-7:30am | No Lifeguard on Duty 5:00am-11:00am | No Lifeguard on Duty 5am-7:30am | No Lifeguard on Duty 7am-11:00am |
| Guard on Duty 11:00am-7pm | Guard on Duty 7:30am-7:00pm Aqua-fit 7:30am-8:30am | Guard on Duty 7:30am-7:00pm Aqua-fit 7:30am-8:30am | Guard on Duty 7:30am-7:00pm Aqua-fit 7:30am-8:30am | Guard on Duty 7:30am-7:00pm Aqua-fit 8:00am-9:00am | Guard on Duty 7:30am-7:00pm Aqua-fit 8:00am-9:00am | Guard on Duty 11:00am-7:00pm |
| No Lifeguard on Duty 7:00pm-8:30pm | Arthritis Foundation Swim 2:15pm-3:00pm (Begins Jan. 8th) | Guard on Duty 11am-7pm | Guard on Duty 11am-7pm | Guard on Duty 11am-7pm | Guard on Duty 11am-7pm | Aqua-Fit 11:15am-12:15pm |
| No Lifeguard on Duty 7:00pm-8:30pm | No Lifeguard on Duty 7:00pm-9:30pm | No Lifeguard on Duty 7:00pm-9:30pm | No Lifeguard on Duty 7:00pm-9:30pm | No Lifeguard on Duty 7:00pm-9:30pm | No Lifeguard on Duty 7:00pm-9:30pm | No Lifeguard on Duty 7:00pm-8:30pm |
| *12/24 & 12/31 7:00am-2:00pm No Lifeguard on Duty 7:00am-11:00am Guard on Duty 11:00am-2:00pm | *12/25-Closed *1/1-7:00am-12:30pm No Lifeguard on Duty | No Lifeguard on Duty 7:00pm-9:30pm | *1/3-Mermaid 101 10:30am-12:30pm Pool space will be limited | *1/4-Mermaid 101 10:30am-12:30pm Pool space will be limited | *1/5-Mermaid 101 10:30am-12:30pm Pool space will be limited | No Lifeguard on Duty |
| At least one lane available | | | | | | |
| No Lifeguard on Duty | | | | | | |
| No lanes available at this time | | | | | | |
| Lifeguard on Duty | | | | | | |