

CLUB CHAT

A newsletter for members of the South Barrington Club

Membership News

Welcome to the following new club members: **The Kapasi's, Amy Barcroft Murphy family, Raju Ray, Zach Bart, the Hinze's, Matt Kloss family, Amisha Patel, Denise Calderon, Rohit Bennur, Jaun Van Vuren family, Eric Martin, and Chris Geissler family.**

Permanent Lockers Available

A limited number of women's permanent lockers are available for rent. The annual fee for woman's lockers is \$325. If you are interested in one of these lockers, please contact Janet at jlundholm@sbspd.net.

Mark your calendars— FITNESS FRENZY will begin Tuesday, February 5th—Monday, February 18th. Sign up at the club front desk starting Monday, January 21st.

Weight Watchers Workshops

Did you know that we have WW workshops here every Friday morning at 8:30am? For Weight Watcher non-members, your first meeting is FREE!



Our 12 Day Holiday Wellness Challenge event was a success thanks to all the members that participated. Congratulations to the two raffle winners, Laura Pearson and Larry Dehaan who both took home beautiful holiday themed baskets.



January 2019

Happy New Year!

Tennis News

Early registration has started for the upcoming **Junior and Adult Tennis sessions**, running Sunday, January 6th through Saturday, March 23rd. Our adult classes run Monday, January 7th through Thursday, March 7th. Sign up is available now! To register online, please visit sbspd.net or for questions and more information, please contact Coach Sean at 847-381-2570 Ext. 156.

South Barrington Club is hosting several USTA tournaments during January.

- Boys 14 and under— January 4th-6th
- Father/Son and Father/Daughter event, January 25th-27th.

These are great USTA sponsored events!



Lost and Found Clean Out

The Lost and Found will be cleaned out on January 15th. Any items left will be given to a local donation center.

Be Rewarded For Your Referrals in 2019

When you refer a friend, you will receive a \$ 75 SBC gift card for each new membership you refer, when they join. Your friend will receive \$ 0 initiation fee.

Sorry junior, corporate and paddle memberships not included.



Fitness News

- We added new recumbent bikes and 4 Free Motion strength machines in the Fitness Center. There will be some additional strength pieces added in 2019 to replace a few of our older machines.
- The group Exercise classes will be on our modified holiday schedule from Saturday, December 22nd to Sunday, January 6th. The holiday schedule will be posted by Friday, December 21st. Please check the club for a copy or call 847-381-2570 for class changes.
- Our college students are back in town, so please be patient with an increase in the fitness center's equipment usage during this time... it may take a bit longer to get on your favorite machine.

Please contact Denise Gappa at dgappa@sbpd.net or (847) 381-2570, x145, for more information on fitness options at the club.

Happy Hour

at Courtside Café

Thursday, January 24th

6:00pm-8:00pm

Stop by for Drink Specials and Complimentary Appetizers



Aquatic News

- **New sessions of swim lessons begin January 7th. Classes are filling up so register today!**
- **Shallow Water Lifeguard Course is February 15th-17th, 9:00am to 4:00pm. Registration deadline is February 1st.**



PRO SHOP—BUYER'S CLUB

Join the BUYER'S CLUB and save on all your clothing purchases in our fully stocked Pro Shop. Members of Buyer's Club save 25% off the retail price on all new merchandise. You can get the first pick of your size at the sale price! Members also enjoy additional savings when the Pro Shop is hosting a sale.

First time joining BUYER'S CLUB?

Save 10% off yearly BUYER'S CLUB fee if you join in January!

Just for Adults

Rivers Casino Code 6275

Monday, January 14th 9:30am-2:30pm

This will be an exciting day at the River's Casino in Des Plaines. Each person will be given \$10 worth of chips to use for slots or table games—maybe you'll be a Big Winner! (you may continue playing at your own expense). After some gambling fun, we'll meet for an extravagant luncheon buffet including Italian cuisine, carving stations, Asian station, sushi, seafood and more.



The Tiki Terrace Code 6225

Wednesday, January 23rd 5:00pm-8:30pm

Let's pretend we're vacationing in Tahiti and enjoy dinner at a Polynesian favorite, the Tiki Terrace, in Des Plaines. We'll be going on a "Hang Loose Wednesday" which includes dinner and a one hour luau-themed show. (Choose your dinner entrée from their special Wednesday menu). Just think, exotic food, hula dancers, and tropical drinks— you can almost feel the balmy breezes!



Cooking with Paula Code 6270

Tuesday January 29th 10:45am-1:15pm

This will be a great cooking class held at One Life Kitchen in Barrington's Foundry. This is a beautiful, state-of-the-art kitchen that will make cooking a pleasure! Led by Paula Voska, the menu includes: mini London broil sandwiches with pesto aioli, minestrone soup and profiteroles with ice cream and chocolate sauce. In this hands on class, there will be plenty of fun, cooking tips, and delicious food. Come and enjoy!



A facility of the South Barrington Park District
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